

Foundations Week 3: Sharing Your Story

This week we will learn about the practice of sharing your story; why it matters and how we can share it in a way that shares your heritage, your high points, and your hard times while still making Jesus the hero.

1. What comes to mind when you think of “sharing your story”? What emotions or thoughts do you have when you think of this practice?
2. Have any of you shared your story before? What was that like for you? How did the other person respond?
3. Read 1 Peter 3:15. What does this verse teach us about why we share our stories? As well as how we are to share our stories?
4. We reflected on Peter’s life in the sermon this week. What from his life and relationship with Jesus stood out to you? In what ways did you relate to parts of his story?

Our story helps us tell others about the hope that is within us.

Closing Practice: Sharing Your Story

Option 1:

Take some time as a group to spend a few minutes hearing from each person about their “**heritage, high points, and hard times**”. Consider setting a timer for 3-5 minutes per person and let them share a little more of his or her story.

Option 2: Share Your Story: [Resource](#)

Leaders, come prepared with the 3 minute version of your story. Go first and model what a Christ centered story looks like. Consider giving the [handout from the QR code](#) this weekend to talk through and workshop a little together. Ask your group to come prepared next week with their 3 minute story, and spend the beginning of each group through the remainder of the sermon series with 1-2 people sharing their story each week. (*If you have already shared your stories as a group, consider moving into the questions under the label “Who are you now that you’re in Christ” and “What is He teaching you now?”)

Option 3: Everyone come prepared to share their 3 minute story using the handout and use the entire group time to share stories. After each person shares, respond and pray for that person.