



# RESET GUIDE 2024

REFLECT • RESET • RENEW

## **REFLECT**

ON THE PAST YEAR

## **RESET**

FOR THE NEW YEAR

## **RENEW**

THE VISION FOR YOUR LIFE

The purpose of this guide is to spend some time reflecting on this past year and resetting for the new year. There are 3 main areas we will reset: personal, spiritual, and ministry life. The guide is thorough, it's suggested to do one page at a time to truly discern where and how God might be leading for the new year. You can do this as a mini personal half day retreat or set aside 30 minutes a day over the first week of January to reflect and dream!

### **OPTION1: DAILY (1ST WEEK OF JAN)**

- Day 1: Reflect on 2023
- Day 2: Reset Personal Goals
- Day 3: Reset Spiritual Goals
- Day 4: Reset Ministry Goals
- Day 5: Renew Vision for 2024

### **OPTION 2: PERSONAL RETREAT: HALF DAY (3-4 HOURS)**

Consider fasting for the morning, carving out 3-4 hours of solitude.

- 30 mins: Prepare (Page 2-3)
- Sit quietly with a separate sheet of paper, clear your mind with all of your to-do's and anxieties. Write them down as they come to mind.
- 30 mins: Reflect Personal Goals (Page 4)
- 30 mins: Reset Spiritual Goals (Page 5)
- 30 mins: Break-move your body, stretch, short walk
- 30 mins: Reset Ministry Goals (Page 6)
- 30 mins: Renew Vision 2024 (Page 7)
  
- 30 mins-1 hour: Break fast with your life group & share a few things that stood out to you. End praying with and for one another.

# FOUNDATIONAL PRACTICES

## **EMBRACING THE GOSPEL** (Colossians 2:6-7)

Embracing the Gospel is at a point in time and over time. We trust Christ as our Savior and Lord for eternity and for today. Daily, we are learning how to walk in Him, rooted and built up in Him and established in the faith.

## **SHARING YOUR STORY** (1 Peter 3:15)

We have the opportunity to share what God did and is still doing in our lives today. As we learn to recognize God's work in and around us, we can point others back to Christ's ongoing work in our lives. We are continuing to be transformed into Christlikeness.

## **INTENTIONALLY PURSUING COMMUNITY** (Hebrews 10:23-25)

As the family of God, we enjoy a shared experience of life with God. We encourage one another, pray for one another, stir up one another to love and good works, and grow together as we walk through conflict in a God-honoring way.

## **EXPERIENCING ONGOING FREEDOM** (1 John 1:6-10)

We experience ongoing freedom through confession, repentance, and forgiveness. As we walk in the light together, we experience true freedom and fellowship.

## **LIVING ON PURPOSE** (Ephesians 2:10)

We invest our lives eternally--according to God's design. Our skills, gifts, passions, experiences, and relationships all contribute to living out our God-given purpose.

## **SERVING FAITHFULLY** (Matthew 5:16)

We put the Gospel on display as we serve others in our family, workplace, and community.

## **GIVING GENEROUSLY** (1 Timothy 6:17-19)

We are stewards of God's resources, which includes our time, talents, and resources. Generosity is a posture of the heart--we have been blessed to be a blessing to others.

## **CELEBRATING THE WORK OF GOD** (1 Thessalonians 5:16-18)

We mark moments, make memories, and joyfully delight in life with God! We call out God's work in one another's lives and praise the One who created us and delights in us.

# **REFLECT**

## LOOKING BACK AT 2023

What was hard this past year?

What brought you joy?

How did you see God at work in your life?

# RESET

Before you begin setting goals, spend some time in prayer and ask the Holy Spirit to reveal things that He desires for you this next year.

*“Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!”*

PSALM 139:23-24

*“For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”*

Ephesians 2:10

## Prayer

# PERSONAL

Pursue authentic community, Celebrate the  
work of God, Give faithfully

**WORK:** What are some goals you have for work? Work/life balance?  
Development?

**FAMILY:** In what ways can you love & serve your family in a Christlike way?  
Memories to make or ways to celebrate together?

**MARRIAGE:** How can you serve your spouse? What ways can you pursue  
oneness & intimacy? Areas to grow in?

**KIDS:** How can you disciple your kids? Areas of parenting to grow in?  
Memories to make?

**FRIENDSHIPS:** How can you pursue authentic community? List names of  
people you'd like to deepen friendship with & ways to do so?

**FINANCES:** How can you develop stewardship goals or budgets for  
spending, saving, debt, giving?

**HEALTH:** What ways would you like to better steward your physical health  
this year?

# SPIRITUAL

## Embracing the Gospel, Ongoing Freedom in Christ

**TIME IN GOD'S WORD:** What rhythms can you put in place to regularly study the Bible? Are there specific books of the Bible or topics you want to study?

**PRAYER:** What rhythms can you put in place to pray consistently? With intentionality? List specific things you'll pray for this year?

**WORSHIP:** What stirs your affection & reverence for God?

**STRONGHOLDS & SUFFERING:** How can you turn from looking at circumstances to trusting God? How can you experience ongoing freedom in Christ?

**SOUL CARE:** How will you practice rest & renewal daily, weekly, monthly, etc.

# MINISTRY

Serve Faithfully, Living on Purpose, Sharing Your Story

**SERVING:** In what ways are you currently serving? How would you like to see that change/grow?

**SPIRITUAL GIFTS:** What are your gifts/passion areas? How can you further pursue those & steward your purpose?

**LEADERSHIP:** What are some of the areas you'd like to grow in as a leader?

**NEIGHBORS:** How are you going to better know & love your neighbors this year?

**OUTREACH:** In what ways can you serve your local community this year? Globally?

**DISCIPLESHIP:** Who are you discipling or planning to disciple next year? In what ways?

**EVANGELISM:** List names of people to pray for to come to know Jesus

**HOSPITALITY:** In what ways can you invite others into your life and/or your home to steward your story & God's story?



# RENEW

Renew the vision and mission for your life as a follower of Jesus. Use these scriptures as a guide to pray for the Holy Spirit to strengthen you and empower you to walk deeper with Him this year!

*“Many are the plans in the mind of a man, but it is the purpose of the Lord that will stand.”*

PROVERBS 19:21

*“Restore to me the joy of your salvation, and uphold me with a willing spirit.”*

PSALM 51:12

*“And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.”*

PHILIPPIANS 1:6

*“I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”*

ROMANS 12:1-2

*“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.”*

ROMANS 15:13

**What are some goals you have for 2024? Share some action steps to put into place to see those to fruition this year.**

**Word of the Year:**

**Verse of the Year:**

# GOALS FOR 2024

JANUARY	JULY
FEBRUARY	AUGUST
MARCH	SEPTEMBER
APRIL	OCTOBER
MAY	NOVEMBER
JUNE	DECEMBER

# RESOURCES

The Well Counseling Center

Link Care

Financial Planning

Health & Nutrition

Bible Study: Residency & Women's Study,  
Sermon Discussion Guide, bible study tips page, website

Community: Life Groups

Sin and Strongholds: Regen

Marriage: ReEngage

Serving & Outreach: Missions, City Center,  
Fresno Mission, World Impact

